

Mental Health Resources

A & H Counseling Adrianna Potts (LMFT, BCN) Hailee Rayas (LMFT) Services: Individual/Family/Couple Therapy, Play Therapy, Neurofeedback Phone: 435-200-5683 Website: https://www.ahcounselingutah.com/ Payment: Self-Pay, Medicaid, Medicare, and most major insurances.	Healing Roots Therapy Alisha Gowen (LCSW) Services: Behavioral Therapy, Registered Play Therapy Phone: 866-766-8789 Payment: Self-Pay, Most Major Insurances
Basin Family Counseling Cicile Rios (LMFT) Services: Family Therapy Phone: 435-823-7455 Payment: Self-Pay	Women's Wellness Counseling Gayla Perkins (CMHC) Services: Individual Counseling, Support Groups, & Therapeutic Interventions Phone: 801-694-8872 Website: https://womenswellnesscounseling.com/contact/ Payment: Self-Pay, Most Major Insurances
Cardinal Counseling Joslin Batty (LCSW) Ronda Merrell (PNP) Spencer Stoddard (PMHNP-BC) & More Services: Individual/Family/Couple Therapy, Play Therapy, Neurofeedback Phone: 435-789-1305 Website: https://www.cardinalcounseling.com Payment: Self-Pay, Medicaid, Select Health, and most major insurances (Dependent on insurance plan)	Lighthouse Youth & Family Therapy Charles Crane (LMFT) Stacy Crane (ALMHC) Diana Carney (LCSW) Louise Warburton (LCSW) Services: Family, Group, Individual Therapy Phone: 435-790-2757 Website: https://lighthouseyouthandfamily.com/ Payment: Self-Pay, Most Private Insurances
Carolyn Kruger (LCSW) Services: Substance use, Coping Strategies, Anxiety/Depression Phone: 435-781-8000 Payment: Self-Pay and Most Major Insurance, Employee Assistance Programs	Mandaran Lynn Counseling Mandaran Labrum (LMFT) Services: Couple/Marriage, Individual, Family Counseling Phone: 435-315-2615 Website: https://www.mandaranlynn.com/ Payment: Self-Pay, Most Private Insurances, LDS Services
EMDR 808 Pacific Counseling Rhonda Kamai-Kekela (LCSW) Carrie Wallace (LCSW) Services: Individual/Family/Couple Therapy, Hypnotherapy, Neurofeedback Phone: 435-621-3872 Website: https://www.emdr808pacific.com/contact Payment: Self-Pay, Some Private Insurances	Melissa Huber (Psy.D., LCSW) Services: Relationships, Trauma, & Bereavement Phone: 801-989-7144 Website: https://www.drmissyhuber.com/ Payment: Self-Pay, Limited Private Insurances

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Higgins Family Center Jesse Higgins (PhD, LMFT) Christina Higgins (MS, MSW, CSW) Services: Adolescent, Adult, Couple/Marriage, & Family Counseling Phone: 435-790-6377 Website: https://higginsfamilycenter.com/ Payment: Self-Pay, HAS	Rock Creek Counseling Kenzi Adams (LCSW, PMH-C) Services: Individual Counseling, Couple/Marriage Counseling, Child/Adolescents Phone: 435-315-2244 Website: https://www.rockcreekcounseling.org/#home Payment: Self-Pay, Limited Private Insurances
New Pathway Counseling Jessica Tibbitts (Owner) Services: Individual and Family Counseling for Adults/Adolescents Phone: 435-401-3001 Payment: Self-Pay, Some Private Insurances	Northeastern Counseling Center Services: Group & Individual sessions, Addiction Recovery, Emergencies, & Prevention Roosevelt Phone: 435-725-6300 Vernal Phone: 435-789-6300 Website: https://nccutah.org/ Payment: Self-Pay, Most Private Insurance, Medicaid, Medicare
Uintah Basin Healthcare Daniel Colver (DBH, LMFT) Services: Individual/Couple Counseling Roosevelt Phone: 435-247-4279 Vernal Phone: 435-789-6208 Website: https://ubh.org/daniel-colver-dbh-lmft/ Payment: Self-Pay, Most Private Insurance	Valiant Endeavors Counseling Spencer Donovan (LMFT) Services: Individual, Couple/Marriage Counseling Phone: 435-823-2367 Website: https://valiantendeavorscounseling.com/ Payment: Self-Pay, Some Private Insurances
Kodiak Counseling David Aldrich (LCSW) & Other Providers Services: Individual Counseling, DV, Substance Use Phone: 435-200-5685 Website: https://www.kodiakcounseling.com/ Payment: Self-Pay, Most Private Insurances	Envision Counseling Carrie Wallace (LCSW) Services: Trauma Therapy Phone: 385-399-3716 Website: https://envisioncounselor.com/ Payment: Self-Pay, Most Insurance
Nourishing Therapy Heatherly Gardner (LCSW) Services: Individual Counseling for PTSD, Addiction and more Phone: 435-650-1249 Website: https://www.heatherlyann.com/ Payment: Self-Pay	Empowering Minds Michelle Smith (LCMHC) Services: Behavioral Health, TBI Specialist, Registered Play Therapy Phone: 435-790-5628 Payment: Self-Pay, Most Major Insurances