



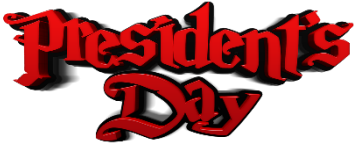

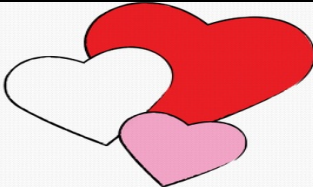




# February



<h2>February 2023</h2>	<p><b>Gateway Senior Center</b>  <b>734 N Center Street</b>  <b>435-738-1171</b></p>	<p>1. Lasagna  Green Beans  Tossed Salad  Garlic Bread  Apple Slices  Éclair Cake</p>	<p>2. Chicken Noodle Soup w/veggies  Bread  Caesar Salad  Fruit Cocktail  Peanut Butter Bars</p>	<p>3.</p> 
<p>6. Salmon Chowder  Beets  Peaches  Garlic Biscuit  Apple Crisp</p>	<p>7. Cowboy Meatloaf  Winter Squash  Spinach Salad w/ mandarins  Waldorf Salad  Pineapple Coconut Cherry  Dream Bars</p>	<p>8. <b>Closed for Team Meeting</b></p> 	<p>9. Sesame Pork Roast  Zucchini &amp; Yellow Squash  Pineapple  Cottage Cheese Roll  Strawberry Pineapple Cake</p>	<p>10.</p> 
<p>13. Creamy White Chili with Cream Cheese  Beet &amp; Egg  Mixed Fruit  Cornbread  Sugar Cookie</p>	<p>14. Crispy Cheddar Chicken  Wild Rice  Broccoli &amp; Cauliflower  Fruit Salad  Cherry Chocolate Cake</p>	<p>15. Garlic Butter Fish  Rice Pilaf  Peas  Pears  Cottage Cheese  No Bake PB&amp;J Cookie</p>	<p>16. Café Rio smothered Sweet Pork Burrito Enchilada style  Spanish Rice w/ tomatoes, peppers, onions  Mexican Corn  Winter Fruit Salad  Tres Leches Cake</p>	<p>17.</p> 
<p>20. <b>Closed for Presidents Day</b></p> 	<p>21. Turkey Tetrazzini  Yams  Nantucket Veggies  Tropical Fruit  Cookie</p>	<p>22. Cheesy Ham &amp; Potato Cass  Garden Blend Veggies  Pineapple Slices  Choc Chip Cheesecake Cookie</p>	<p>23. Salisbury Steak Casserole  Glazed Carrots  Italian Cucumber Salad  Mandarin Oranges  Cream Cheese Brownie</p>	<p>24.</p> 
<p>27. Best Fish Recipe Ever  Rice Pilaf  Winter Squash  Creamy Lemon Dill Coleslaw  Lime Fruit Salad  Carrot Cake Cookie</p>	<p>28. Ancient Grain beef stew  Cucumber &amp; Pepper Strips  Grilled Cheese Sandwich  Sunshine Fruit Salad  Black Forest Cheesecake Bars</p>	 <p>Happy Valentine's Day</p>		<p><b>Suggested Donation of \$3.00 for those over 60 &amp; Older \$5.00 Mandatory for those under 59</b></p>