

Crossroads Senior Center  
 50 E 200 S Roosevelt UT 84066  
 435-722-4296  
 Lunch served at 12:-12:30



# February

2023



		<p>1. Lasagna          Green Beans          Tossed Salad          Garlic Bread          Apple Slices          Éclair Cake</p>	<p>2. Chicken Noodle Soup w/veggies          Bread          Caesar Salad          Fruit Cocktail          Peanut Butter Bars</p>	<p>3.</p>
<p>6. Creamy White Chili          Beet &amp; Egg          Mixed Fruit          Cornbread          Sugar Cookie</p>	<p>7. Cowboy Meatloaf          Winter Squash          Spinach Salad w/mandarins          Waldorf Salad          Pineapple Coconut Cherry Dream-bars</p>	<p>8. Closed for Team Meeting</p>	<p>9. Sesame Pork Roast          Zucchini &amp; Yellow Squash          Pineapple          Cottage Cheese          Roll          Strawberry Pineapple Cake</p>	<p>10.</p>
<p>13. Garlic Butter Fish          Rice Pilaf          Peas          Pears          Cottage Cheese          No Bake PB&amp;J Cookie</p>	<p>14. Crispy Cheddar Chicken          Wild Rice          Broccoli          Cauliflower          Fruit Salad          Cherry Chocolate Cake</p>	<p>15.</p>	<p>16. Smothers Sweet Pork Burrito (enchilada style)          Spanish Rice w/tomatoes, peppers, onions          Mexican Corn          Winter Fruit Salad          Tres Leches Cake</p>	<p>17.</p>
<p>20.</p> <p>WE WILL BE CLOSED ON  <b>PRESIDENTS DAY</b></p>	<p>21. Turkey Tetrazinni          Yams          Nantucket Veggies          Tropical Fruit          Cookie</p>	<p>22. Cheesy Ham &amp; Potato Cass.          Garden Blend Veggies          Pineapple Slices          Chocolate Chip Cheesecake Cookie</p>	<p>23. Salisbury Steak Casserole          Glazed Carrots          Italian Cucumber Salad          Mandarin Oranges          Cream Cheese Brownie</p>	<p>24.</p>
<p>27. Best Fish Recipe Ever          Rice Pilaf          Winter Squash          Creamy Lemon Dill Coleslaw          Lime Fruit Salad          Carrot Cake Cookie</p>	<p>28. Ancient Grain Beef Stew          Cucumber &amp; Pepper Slices          Grilled Cheese Sandwich          Sunshine Fruit Salad          Black Forest Cheesecake Bars</p>		<p>Milk Offered at All Meals          ***** Menu Subject to Change*****          Meals Made Possible in Part By YOUR DONATION!!!!!! 60 and older \$3.00 Under 60 Mandatory \$5.00 Thank you</p>	

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		1.	2. Tai Chi-- 10:30a	3.
6.	7. Social Security 9-11-- UBAOG Tai Chi-- 10:30a	8. Closed for Team Meeting 	9. Tai Chi-- 10:30a	10.
13.	14. Social Security 9-11-- UBAOG Tai Chi-- 10:30a	15.	16. Tai Chi-- 10:30a	17.
20. <b>WE WILL BE CLOSED ON PRESIDENTS DAY</b> 	21. Social Security 9-11-- UBAOG Tai Chi-- 10:30a	22.	23. Tai Chi-- 10:30a	24.
27.	28. Social Security 9-11-- UBAOG Tai Chi-- 10:30a		<p>Milk Offered at All Meals        ***** Menu Subject to Change*****        Meals Made Possible in Part By YOUR DONATION!!!!!! 60 and        older \$3.00 Under 60 Mandatory \$5.00 Thank you</p>	